



**TNCS**  
THE NEXT GENERATION **SPORTS**

**2024-2025**





We are a sports consultancy, based in Valencia, Spain, specializing in comprehensive training for sports. During our more than seven years of history, the sum of talent, personalized attention and a constant search for excellence, have given us results of which we are truly proud.

Our players have represented their countries in national teams, players who have signed with clubs such as West Ham United FC, Toronto FC, Bristol City FC and Levante UD and players who have been awarded full scholarships for universities in USA, such as St. Olaf College and Northwestern University, Ohio.







Each Project, for TNGS, is a stepping-stone towards excellence in the development of their athletes. TNGS was responsible to expand the Valencia CF brand name in the Caribbean through the camps Next Generation Valencia CF. Another pioneer project was the creation of Pro Levante and Levante International where players trained according to the Levante UD methodology. TNGS also organize clinics in which different clubs such as Barcelona FC, Atletico de Madrid, Sevilla CF or Club Atletico River Plate share their methodology with coaches from all over the world.







**TNGS**  
THE NEXT GENERATION **SPORTS**

**2024-2025**

# COMPREHENSIVE TRAINING FOR SPORTS







**TNGS**  
THE NEXT GENERATION **SPORTS**

**NG SCHOOL**

## Academic Training

Study techniques



Home Schooling



**NG PLAYERS**

## Sports Training

Establishing objectives



Individualised training



**NG RESIDENCE**

## Personal Training

Time management



Personal development







# NG PLAYER

NG Players is all what is expected and more from a Sports Academy.

Individualized training, team training sessions in first class installations, weekly matches in the Valencian youth competition, sports tour of different Spanish cities, and most important an unique and innovative methodology that will take you to the next level.







# NG PLAYER

## **Evolution begins with training individualization.**

NG Players is development and implementation of sport individuality. Training is adjusted to the individual's age, rate of progress and skill. Player sets his goals, and achieves them, guided by the coaches and at his own rhythm. Individualization focuses on strengths and minimizes skill deficiencies. Moreover, the individualization in training is based on the Competence Model for Athletes, the tool that allows goal settings, and quick visualization of progress on the pitch





## Competence Model

Assessment, evaluation and improvement are easier with the Competence Model for Athletes developed by The Next Generation Sports (TNGS) and the Polytechnic University of Valencia.

This tool is based on a study of more than 140 football players from European clubs. If what we want is that a player should be the best forward we just have to compare his competences with outstanding forwards in the same category, and based on this, design his training plan

## Goal Settings

Short, medium and long term objectives, achievement through self-knowledge and work.

After evaluating player's competences and skills, both the player and his coach set the goals for the season. Once the objectives are established, the coach assigns weekly target-orientated tasks which the player should carry out to achieve his goals.





### 01 Individualize trainings

Technical, tactical, physical, and psychological sessions are focusing on the player's personal improvement.

### 02 Team training sessions

Training sessions with teams from Valencian Community to enhance team playing.

### 03 Competences profiles

Tool to assess each player's competences and design specific tasks for their improvement.

### 04 Regular matches

Experience Spanish competition through weekly friendly matches with different youth leagues in the Valencian Community.

### 05 Match Analysis

Game analysis and evaluation sessions. Learn cutting and video edition tools.

### 06 Healthy habits

Sleep and rest monitoring, diet supervision and weight measurement.

### 07 Recover assistance

Staff member who takes care of daily incidents that may occur during trainings.

### 08 Medical Insurance

Medical coverage during the whole program, (10 months).







2024-2025

GET TO KNOW  
some cases...







## **Nathan Trott**

**Signed with West Ham United  
(Premier League England)**

- U-16 National Team for Bermuda
- U-20 National Team for England



## **Youssouf Yalike**

**Fichaje con el Juvenil División de Honor  
del Levante UD (La Liga, España)**

- Debut en Copa del Rey 17-18 con el  
Primer Equipo del Levante UD



## **Moisés Ndong**

**Signed with GD Chaves Youth  
team ( Primeira Liga, Portugal)**

- U-20 National Team for  
Equatorial Guinea





# NG SCHOOL

NG school is the international academic program for the leaders of tomorrow. An innovative project for youngsters from 14 to 18 years old, developed by TNGS and the Polytechnic University of Valencia. This teaching methodology is based on the acquisition of skills and solving strategies to face problems that arise in everyday life.

Lessons are held at the Polytechnic University of Valencia, and given by highly qualified teachers in an ideal educational context. Players are prepared to enter Universities in different countries, to learn languages, and to obtain Official Certificates of; High School, SAT, TOEFL, etc







# NG SCHOOL

NG School 's philosophy is that sports and education must go hand in hand , based on this , our innovative and pedagogical method fulfill the requirements and criteria established by the European Network for Quality Assurance (ENQUA) and the codes for good practices for Universities Assessment Agencies established by International Network for Quality assurance Agencies in Higher education (INQAAHE).

Teachers work with the students in three main areas where learning new language and acquiring personal and social skills such as ability to talk in public, leadership, social responsibility etc. share protagonist with the individualized academics project. NG School is focused on guiding players towards the most direct path to enter university.





# Polytechnic University of Valencia

A unique surrounding in which the young players can feel the university's atmosphere where they will one day soon be a part of.

☒The Polytechnic University of Valencia (UPV) is a prestigious public institution, and a leader in research.







# Education department



## Educational system

- The educational system of the student's country of origin is analyzed based on this a study program is designed that will guide him towards University.
- Application of new learning technologies to fulfill the demanding and personalized learning. Not all students learn in the same way and at the same pace.



## Scholarships

- Assessment on how to apply to universities in the USA
  - Diploma associated to the Athletes Association Division I and II (NCAA)



## Coaching course

- Official Certificate in Coaching, consists of three different levels.
  - Formative Cycle Courses, intermediate and advance level certification from the Ministry of Education and Science (Spain.)





2024-2025

GET TO KNOW  
some cases...







## **Pepe Cejudo**

**Full scholarship at University of  
Northwestern Ohio (Business  
Administration Degree)**

- Top scorer with Rangers UNOH in  
NCAA Division I



## **Patricio Cortina**

**Full scholarship at St. Olaf  
College (Economics and  
environmental studies degree)**

- 'Newcomer' season 16-17 St. Olaf  
College FC in NCAA DIV III



## **Joel Serrano**

**Full Scholarship at Marshalltown  
Community College ( Degree in  
Medicine)**

- Goalkeeper for Tigers in NCAA DIVI
- Puerto Rico National Football Team





# NG Residence

NG residence is home for NG players, in a residential area on the outskirts of the city of Valencia. With security guards 24 hours of the day. A social club and sports installations. It is the best ambiance for any young sportsperson who is far away from home.

Full board accommodation and services of a private club with sports installations (football 7, basketball, tennis, paddle, squash and swimming pool), restaurant , tv room, discotheque and children's park , are a perfect combination for no need to leave the complex.





## NG Residence

Valencia, with an average temperature of 17°C and many sunny days, is the ideal city for outdoor sports. During his stay at the Residence, the player can practice his favourite sport.

Have the surreal experience of watching live football matches, be overwhelmed by the chants from the Valencia CF and Levante UD fans. Fall in love with the “Culture of Effort” motto for Valencia Basket, la Liga ACB’s champions 2016/2017. Valencia, definitely, breathes sport.







# NG Residence

## Common Areas

At NG residence there is no space for boredom. The players can relax in the reading room, or show their creativity playing a musical instrument or share fun moments playing table football or ping-pong.

And if they wish to continue training there is a fully equipped exercise room at their disposition..

## Green Areas

The complete accommodation and private club services, which include green areas with a 7-a-side football pitch, basketball, tennis, pádel, frontón and a swimming pool, is the perfect combination to occupy your day without the need for leaving the complex





# Development in Personal Competences

The objective of NG Residence is to assist the players in developing the necessary competences to lead good and healthy lives, and to achieve their personal and professional goals.

The players are trained so that when they are independent or share residence in other clubs or universities, they are able to establish their own norms and be self-motivated.



## 01 Self management

Time management to take advantage of the duty activities and leisure times, using tools as Google Calendar, etc.

## 02 Personal Hygiene

Learn, through workshops, healthy personal hygiene.

## 04 Nutrition

Develop healthy eating habits; learn the importance of a balance diet, workshops on nutrition, etc.

## 05 Organization and Cleanliness

Room's organization management, workshops on how to make the bed, keep closet organized, etc.

## 06 Community living

Respect the differences between companions and learn from them, while developing values associated to empathy, compromise and solidarity.

## 07 Cooperation

Form groups to carry out tasks as recycling, setting and clearing the dining table.





**2024-2025**

# METHODOLOGY and schedule











2024-2025

PRICE

€25.000







INCLUDED	NOT INCLUDED
Medical Insurance	Personal expenses and activities are not included in the program. It is advisable that the player uses a credit card.
Full board accommodation at NG Residence	Trips outside of Valencian Community or more than two hours distance.
NG Players individual training sessions	Any other assistance that is not included in the program
Collective training with team	
Season tickets for Levante UD matches	
Academic assistance	
Administrative support as part of the program in Spain	
Reports and assessment tools	





## Contact us...

[www.tngs.es](http://www.tngs.es)

(+34) 722271739

[info@tngsports.com](mailto:info@tngsports.com)

Colaboran:



UNIVERSITAT  
POLITÀCNICA  
DE VALÈNCIA

CATEDRA  
DEPORTE  
UPV